



ANNUAL REPORT 2018

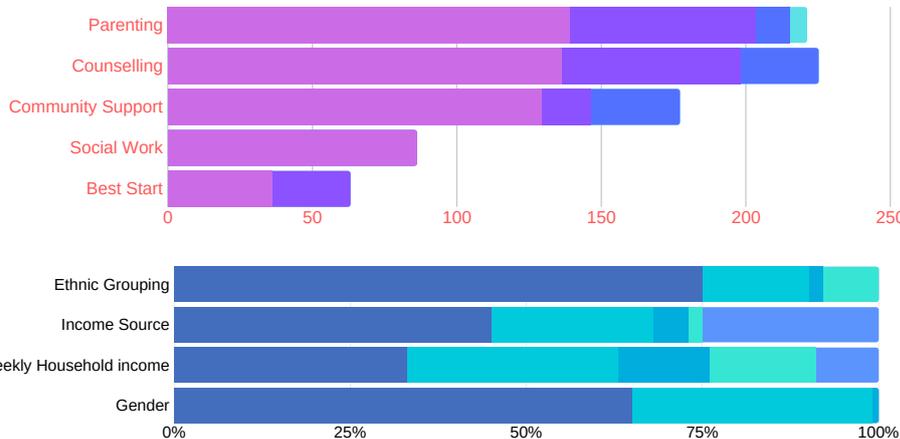
For some people, life is getting harder. Housing insecurity, not having enough money to feed the kids or pay an unexpected bill, the impact of family violence and historical trauma, is the lived experience of too many people in our community. Making a difference in these situations and bringing hope is what we are about, working together to live life well to support people to effect a change for good. Primarily our focus is on the families. We support parents to provide loving caring environments for kids to grow up in, but individuals, couples and communities also access our help. In 2018 we continued to offer our core services of counselling for individuals and couples and social / community work in Dunedin and Central Otago to meet the needs of these communities, but we also made a few changes to what services we delivered and added some new ones which are highlighted in this report. I want to thank all who support this work through finance, prayer and your words of encouragement. Together we can live life well.

Mike Tonks, Director



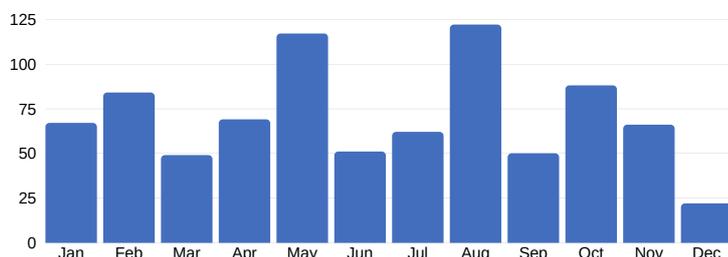
Best Start Social Worker Bree, with some of our newest clients in Birth Support Group.

In 2018 Catholic Social Services began work with 847 new clients in the following ways

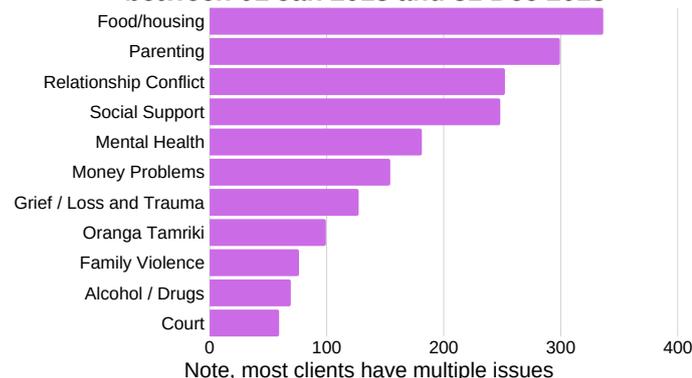


- = Toolbox courses, Game On, Supervised Contact and KinCarers group
 - = Individuals, Couples, Central Otago
 - = Dunedin, Power help, Central Otago
 - = Dunedin
 - = Birth Support Group, ABC playgroup
-
- = NZ European, NZ Maori, Pacific, Other
 - = Benefit, wages, no income, partial benefit, n/a
 - = under \$300, \$3-600, \$6-900, \$900+, Unknown
 - = Female, Male, Other

Number of new clients seen by month in 2018



Issues identified for all 1168 clients active between 01 Jan 2018 and 31 Dec 2018

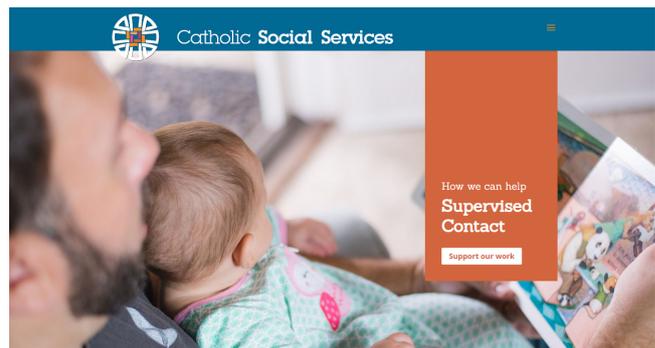


Responding to the needs

Best Start

Building on 30 years of success in Birth Support Group (an antenatal group for young mums to be), we have invested in more social work hours and a new way of working (with the financial support of Mercy Hospital) so that the most vulnerable mums might receive a greater level of antenatal care in order to address many more of the complexities in their lives that may impact negatively on their children. This change has seen more women engage in the service and a corresponding better outcome for the children. Under Best Start, we have also been able to work with the dads and partners, and have included our play groups, ABC for mums and Play On! for dads as part of the support for families with children up to 3 years old.

" There is so much going on for some of these mums, it has been invaluable to have more time to really address what is going on. Ultimately this gives me hope for the babies." Bree



Supervised Contact

The families we see in this Service are often going through difficult situations and while this is being worked out, we provide a safe and supportive environment for children to enjoy time with their parents. Recently we have provided a space for a Mum to spend important time with her son twice a week. Together they played with the toys and enjoyed different activities with lots of laughs and cuddles. Things progressed well and its wasn't long before it was decided that we were no longer needed and everything would be ok to return to normal.

"Thank you for providing such a professional and caring service in the midst of the uncharted waters our family was facing." Dad

Not all situations end like this but we have a great team committed to make the time the kids have, the best it can be, despite the obvious challenges.

South Dunedin Community Network

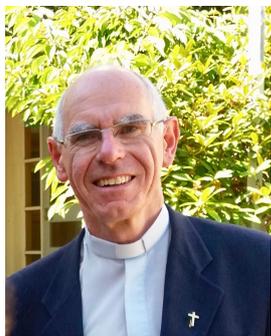
Growing out of our active involvement in South D, we joined a conversation with others working and living in the area keen to see more happen for this community. With important issues like climate change, increased cost of housing, and the impacts of poverty and exclusion being keenly felt in this community, it was felt that now is the time to do something. So towards the end of 2018 a small group formed and set up the South Dunedin Community Network with Catholic Social Services providing management oversight. Now with two staff working out of CSS offices, community consultations, hui and negotiations with the Dunedin City Council we are all looking for shared solutions that can be developed that will ensure that South Dunedin is a great place to work, live and play.



South Dunedin Community Network support worker Emma is framed at the recent South Dunedin Street Festival



From the Bishop



At the heart of the Christian message is a sense of mission of care for our sisters and brothers in need. Jesus has a special concern for the vulnerable and for those who struggle due to a lack of resources. For over fifty years Catholic Social Services has been a vital part of the Church's mission here in Otago and Southland. I find it very encouraging to see the great work being done by staff and volunteers particularly in the area of supporting families. The help given is always very practical whether it is relationship counselling or supporting new mums and dads in raising children or offering advice in managing budgets. The presence of Catholic Social Services has a positive effect on many people and is a tremendous work for good in our community.

In particular I want to thank the dedicated staff of Catholic Social Services who with compassion provide these services which are so important and needed. Thank you also to so many people from parishes and the wider community who support the agency through prayer, volunteering their time, and their generous donations. I encourage anyone who can to support the work of Catholic Social Services, it is an important mission.

+Michael Dooley

Catholic Bishop of Dunedin

So are people now living life well?

Our aim is to support people to make changes in their lives that improve their overall wellbeing in body, mind, spirit and relationships. The feedback we get through our evaluation process shows that the help we give is making a positive impact for most of the individuals and families that we are working with. The following is a small snapshot of how things have changed, including statements in the clients own words.

"Stopped fighting, changed my attitude."
Birth Support Group Participant

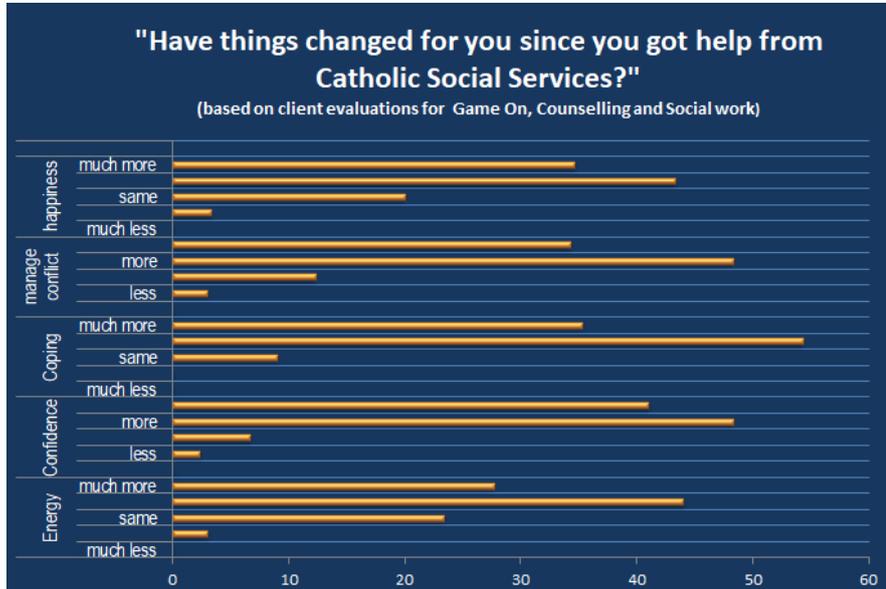
"I'm more energetic, more willing to do things. Feeling happy."
Central Otago Client

"When I first started Birth Support I didn't even talk. But now I talk making new friends making people smile and laugh."
Birth Support Group Participant

"I haven't had as much fighting I've learnt to write things down and talk to people about my problems"
Central Otago Client

"Life for me and my child is more enjoyable, happy and seems sorted. My child understands me a bit better now and we know when to go bit silent and what is the right time to talk."
Social Work Participant

"We are a lot more comfortable with each other, are more prepared to listen, hear what the other has said and talk afterwards"
Couple Counselling Participant



We asked "Do you think your children have noticed a change in you and the family since you received help from CSS and do they seem more settled in their own behaviour?"
(Relationship Counselling, Counselling, Social Work, Game On)



"I now have more confidence in parenting by myself"
Social Work Participant

"I am now more open & honest, and I know how to be vulnerable and communicate respectfully"
Game On Participant

"I have changed the way I think to being more positive and applying that to everyday situations"
Counselling Participant

"I now have a better relationship with ex partner. More beneficial talks with my son"
Game On Participant

"I feel as if I can cope a lot better now, still trying to find motivation to do things and sometimes I have to force myself but its working out"
Counselling Participant

"Have now got to the point we are looking forward to our future together as a family :-)"
Couple Counselling Participant

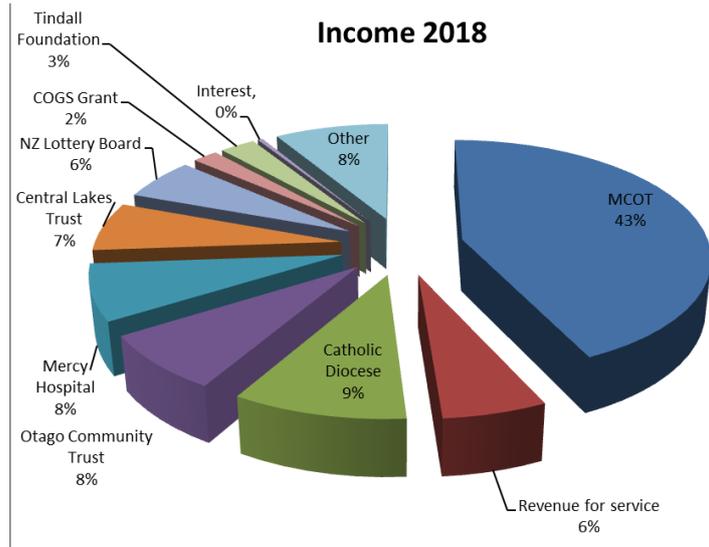
Audited Accounts Summary for the year 2018

Summary Statement of comprehensive Revenue and Expenses for the year ended 31st December 2018 Audited by Deloitte – for more information see www.charities.govt.nz or contact the agency

Revenue		Expenses	
Funding from central government	224,472	Employee related costs	430,769
Revenue from non-governmental sources	30,096	Costs related to providing goods or services	
Donations, grants and other similar revenue		Rent (2 Sites)	26,304
Central Lakes Trust	35,000	Heat Light and Power	6,020
COGS Grant	9,958	Programmes	29,989
Otago Community Trust	40,474	Supervision	5,502
Catholic Diocese of Dunedin	50,000	Training	1,962
Mercy Hospital	40,662	Relief	2,861
NZ Lottery Board	30,000	Travel and Accommodation	3,527
Tindall Foundation	14,250	fundraising Expenses	0
Other	76,020	Other expenses	
	296,364	Financial Admin	20,127
Interest, dividends and other investment	1,983	Motor Vehicle Expenses	4,856
Legacy - J Egerton Estate	565,985	Information Technology	13,115
Total Revenue	1,118,900	Office expenses	15,378
Surplus/(Deficit) for the Year	556,108	Professional Fees	2,382
		Total Expenses*	562,792

Summary Statement of Financial Position as at 31st December 2018

Assets	2018	2017
Current Assets		
Bank accounts and cash*	211,961	152,648
Debtors and prepayments*	-	50,753
Total Current Assets	211,961	203,401
Non-Current Assets		
Property, plant and equipment*	64,038	70,053
Investments*	669,237	58,995
Total Non-Current Assets	733,325	129,048
Total Assets*	945,236	332,449
Liabilities		
Current Liabilities		
Bank overdraft*		
Creditors and accrued expenses*	9,580	10,164
Employee costs payable*	43,257	40,341
Unused donations, with conditions*	258,757	204,410
Total Current Liabilities	311,594	254,915
Total Non-Current liabilities		
Total Liabilities*	311,594	254,915
Total Assets less Total Liabilities (Net Assets)*	77,534	
Accumulated Funds		
Capital contributed by owners*		
Accumulated surpluses or (deficits)*	633,642	77,534
Reserves*		
Total Accumulated Funds*	633,642	77,534



Thank you to the following groups and trusts that have ensured that people receive the help they need



We also want to acknowledge a great host of wonderful individuals who have given generously of their money, time, support and prayers and without whom we would not have been able to achieve what we have achieved.

If you would like to help us help others you can make a donation to Catholic Social Services by bank deposit or by credit card on our website.

Please identify if your donation is for general funds or a particular service.

Our bank number is 06-0901-0054890-27 Receipts available on request