



Catholic Social Services

2017

ANNUAL REPORT



2017 in brief

1031 people came to us for some sort of assistance in 2017

176 families were helped by a social worker, 125 were new in 2017

140 registered for counselling 104 received help with 713 hours

115 people had 430 hours support in Central Otago

66% from Central Otago identified stress as their biggest issue

79% NZ European 12% NZ Maori 7% Other 2% Pacific

28 young women were supported through their pregnancy

41 people sought help with paying their power bill

Our mantra, *working together to live life well*, recognises that well-being cannot be achieved alone. The work at CSS is a partnership between staff and the people whom we serve, as well as a collaboration between our agency, other services, and all those that help fund this essential work. So thanks again everybody, for making a difference. Mike Tonks, Director

"Because of my social worker, "I am now drug free and do not gravitate towards substances. Also I am more positive. I have changed who I associate with and try to remove negative things and people from my life."

"Through Birth Support Group, I've gained the skills & confidence to live independently & make the best decision for my child."

Help with Relationships

In the last few years we have had greater demand for couple counselling due to a declining availability of this service in the community.

63 couples sought help in 2017

46 couples received 440 counselling hours

"More laughter, less tension. More fun. Less blame, more freedom. More support, honesty, physical affection. So much has improved!"

44% of couples think counselling has helped their children

66% of couples report that they now have less conflict at home

Help with Parenting

Raising the next generation of humans is one of the most important jobs we have to do, Catholic Social Services has been involved in helping parents with up to date ideas, strategies and support

"This course is amazing. It has helped my family a lot. I believe I am a better parent for doing this course"

" It taught me how to interact efficiently with my daughter and my partner!"

168 parents enrolled for a toolbox course in 2017

"I'm now thinking about how my children are feeling and I'm being more flexible"

Help with Grief and Loss

"Seasons for Growth®" is a programme which helps children and adults through the changes associated with significant loss.

"What was most helpful about this course was being able to openly discuss experiences and listen to other peoples experiences and know we weren't the only one going through things"

Help in the community

Helping people live well in our community is part of loving our neighbours here at CSS. community support is about giving hope with help supporting people attending appointments for benefits, housing etc.



Income = \$485,684 | Expenses = \$511,045 | Thanks to all our supporters and funders

If you would like to help us help others you can make a donation to Catholic Social Services by bank deposit or by cheque. Please identify if your donation is for general funds or a particular service.

Our bank number is 06-0901-0054890-27 Receipts available on request