



# PLAY ON!

## Parenting skill development and assessment

Play On! is a hands on coaching session for parents and their children with the specific purpose to increase their skills and knowledge of interacting and nurturing their children with warmth and love.

While many parents can increase their skills and knowledge via courses and new learnings, Play On is a way for those skills to be practiced and developed in a safe, closely monitored environment.

This is an option for parents who;

- Require supervised contact
- Need some skill development before supervised contact can increase
- Are new parents who want to safely practice holding, changing clothes, changing nappies
- Want to learn about attachment and important stages of their children's brain development
- Are re-establishing relationships with children
- Want to develop trust and safe play
- Want to develop various forms of play appropriate to the age of their child

What to expect:

- Referred clients will have a facilitated meeting by a Catholic Social Services Social Worker to discuss the skills/knowledge they would like to practice and develop. This meeting can include other professionals who may also have some insight into the most important developments they believe are in the best interest of the child.
- A 6 - 8 week development plan will be put together targeting specific goals
- A session consists of 1 hour supervised coaching with a Social Worker, the parent and the child, plus a debrief session between the parent and Social Worker on a separate day.
- A final assessment and report of parents development can be provided for Court proceedings or Family Group Conference deliberations.

Play On is a family focused parenting assessment underpinned by Task Centered Practice and Solutions Focused work. The assessment aspect of this service is derived from the Sheffield Safeguarding Children Board parenting assessments which are used in one on one parenting assessments we undertake at Catholic Social Services. The rate charged out for Play On is the same as our Supervised Contact rate of \$172.50 per session with an additional cost for the final assessment and session summary.

**Please contact Catholic Social Services directly to make a referral.**

Catholic Social Services provide a full Supervised Contact service as well as groups such as Game On! for dads, Birth Support, Parenting through Transitions and Toolbox parenting course,

Catholic Social Services, 42 Macandrew Road, South Dunedin, 9044, P.O. Box 2047  
[www.cathsocialservices.org.nz](http://www.cathsocialservices.org.nz)